



Albert Sailing Club 'Top of the Lake' Regatta

Saturday 24 and Sunday 25 June 2023

Albert Park Lake, South Melbourne

Organising Authority: Albert Sailing Club Inc

Supplementary Sailing Instructions

1. Rules

Races will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS) and the Australian Sailing (AS) Special Regulations, [2021-2024 Special Regulations Part 2 Off the beach boats](#).

2. Notices to Competitors

Notices to competitors will be posted on the official Race Notice Board located behind the club foyer (downstairs), immediately above the sign on/ sign off sheets. Course Boards will be posted at Information Sessions held immediately in front of the clubrooms or in the upstairs area of the clubhouse.

3. Changes to Sailing Instructions

Any change to the Sailing Instructions will be posted at least 1 hour prior to the start of the session affected thereby.

4. Signals Made Ashore

Signals made ashore will be displayed on or near the club flagpole located near Race Headquarters.

- When flag AP is displayed ashore, '1 minute' is replaced with 'not less than ten minutes' in the race signal AP. This changes Race Signal "AP".

5. Schedule of Races

A minimum of three races must be held to constitute a series.

Multiple Races will be scheduled across two sessions:

- Session 1: The afternoon of Saturday 24 June. Information session at 12.30 p.m. Scheduled time for the first warning signal is 13.12 p.m. Subsequent races in the session will commence as soon as practical after all boats in a division have finished the race.
- Session 2: Sunday 25 June. Information session (if held) will be at 09.45 a.m. Scheduled time for the first warning signal is 10.27 a.m. Subsequent races in the session will commence as soon as practical after all boats in a division have finished the race. Racing may be postponed for a short lunch break depending on weather conditions and how many races have been completed.
- In the session on Sunday 25 June, no warning signal will be made after 14:27 p.m.

The target wind speed range for a start or race is between 3 and 22 knots. If the wind speed average across the course over 10 minutes is consistently exceeding 22 knots or is consistently less than 3 knots, the start or race may be either postponed or abandoned at the discretion of the Race Officer.

6. The Courses

Sample courses are illustrated in the Appendix to these sailing instructions. These are indicative courses only.

At the discretion of the race officer, each course may include Inner (I) and Outer (O) Marks, with the inner course to be sailed by junior divisions.

The direction for rounding buoys is defined by the display of a red or green flag on the start boat. This flag is displayed before the warning signal for the first division start. A red flag indicates buoys are to be rounded on the port hand and a green flag indicates the buoys are to be rounded on the starboard hand.

Divisional flags will be numeral pennants. The allocation of classes to Divisions will be posted on the [regatta website](#) no later than 5 p.m. on Friday 23 June and will be displayed on the official Race Notice Board.

The specific course(s) for the session, whether the Division is sailing the Outer or Inner marks and the location of the finish line will be posted on the Course Board in the briefing area at least 30 minutes before the first warning signal for each session. The island may have a required side; this will be defined on the course board at briefing prior to a session.

The number of laps for each Division will be displayed on a board located on the starboard side of the starting Committee boat no later than three minutes before the first warning signal for each race. This changes RRS 27.1. It is the responsibility of the skipper to ensure that they are aware of the number of laps for their division for each race.

Sailors should note that the starting order of divisions and number of laps for each division may differ for each race within a session and that multiple divisions may be started together as signalled by the division flags.

7. Marks

Mark locations will be as shown on the course board in the briefing area. Gunn Island is not a mark of the course. Marks for the outer course will be yellow stick flags. If a separate Junior/Green fleet course is set, Marks A and B for the Junior/Green Fleet course will be blue stick flags. Mark C for the Junior/Green Fleet course may be either a blue flag or the outer course yellow flag and will be advised at the briefing session.

8. The Start

The start vessel shall display, together with one long hoot, an orange flag three minutes before the first warning signal for each race in each session. This flag and the audible sound are to alert boats that a race or sequence of races will begin soon and also indicates that the number of laps for each Division has been posted on the board located on the starboard side of the Committee Boat.

8.1 Divisions will be started at 3 minute intervals as follows; this changes RRS 26.

Minutes before start signal

3	Warning	Division flag(s) displayed with one sound
2	Preparatory	Preparatory flag displayed (P, U, Black, etc)
1	One minute	Preparatory flag removed
0	Start	Division flag(s) removed with one sound

The start signal for a division may be the warning signal for the next scheduled division.

8.2 The starting line will be between the mast displaying the orange flag on the Race Management Start Boat and the course side of the port-end starting mark which is a blue and yellow striped stick flag.

8.3 A boat that does not start within six minutes after her starting signal will be scored “Did Not Start” (DNS) without a hearing. This changes RRS A4 and A5.

8.4 After the first warning signal, boats whose warning signal has not been given shall keep clear of the start line.

9. General Recalls (This changes RRS 29.2)

When a general recall is signalled, that division shall be restarted after all scheduled starts have been completed.

Thus the starting signal for the last scheduled Division shall be the Warning Signal for the first recalled Division; the starting Signal for the first recalled Division shall be the Warning signal for the second recalled Division, etc.

10. Shortening Course (This changes RRS 32)

Shortening course will be as in Rule 32 or when a race management boat displays flag “S” together with flag “H” at or near a rounding mark. If flag “S” together with flag “H” has been displayed, boats shall pass the rounding mark on the required side then proceed to the finish line.

11. The Finish

11.1 The finish line will be between:

- a mast or staff displaying a blue flag on the race management boat and the finishing mark, which shall be a red stick flag. If the blue flag is on display on the race management boat, the finish line must not be crossed by a boat unless it is finishing.
- a mast or staff displaying a blue flag on the clubhouse tower and the finishing mark, which shall be a red stick flag.

The specific location of the finish line is dependent on wind direction and will be specified at the information session.

11.2 Further races will be conducted in the relevant session unless the committee vessel is flying flags as follows:

- N over A: Races not started are abandoned. No more racing today. This will be used at the conclusion of the Saturday afternoon session and the conclusion of racing on Sunday.
- AP over H: races not started are postponed. Further signals ashore. This will be used if racing is to be postponed on the Saturday or on the Sunday morning for a short lunch break.

11.3 Any race management boat may finish a boat within a fleet at or near a mark to enable a subsequent race to start. The race committee may not finish a boat in accordance with this clause sooner than five minutes after the first boat in their division finishes. A boat so finished will receive points equal to the position occupied at the time the boat was finished. This changes rules 35, A4 and A5.

12. Time Limits

The time limit for each division in each race shall be one (1) hour. Boats failing to finish within fifteen minutes after the first boat in their division sails the course and finishes, or after the time limit, whichever is later, will be scored Did Not Finish without a hearing. This changes rules 35, A4 and A5.

13. Protests and Requests for Redress

13.1 Protests and requests for redress may be made on forms available from Race Headquarters located in the ASC control tower at the front of the upstairs clubrooms and lodged with the Race Committee within forty minutes of the finish time of the last boat in her division to finish in the last race of the session in which the incident occurred. This changes RRS 62.2.

13.2 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of the time and place of hearings in which they are parties or named as witnesses.

13.3 On the last scheduled day of racing a request for re-opening a hearing shall be delivered;

a) Within the protest time limit if the requesting party was informed of the decision on the previous day:

b) No later than 15 minutes after the requesting party was informed of the decision on that day.

14. Scoring

14.1 Multiple races are scheduled at the Race Officer's discretion, of which three (3) races are required to be completed to constitute a series.

- When four (4) or less races are completed a boat's series score shall be the total of all her race scores. This changes rule A2.
- When five (5) or more races are completed each boat's series score shall be the total of her race scores excluding her worst score.

14.2 Boats must compete in at least half the races in the series to qualify for a series score and to have signed on for at least one race on each day of the regatta (unless a day's racing is abandoned or postponed) to be eligible for a trophy.

15. Safety Regulations [DP]

15.1 It is a club safety requirement that all crew wear adequate footwear and that approved Life Jackets or buoyancy vests are worn by all skippers and crew whilst afloat.

15.2 Sign On

Boats shall indicate their intention to compete in a session by completing the Sign On sheet for that session provided below the official Race Notice Board.

15.3 Sign Off

Boats shall sign off by signing the Sign Off sheet for each session provided below the official Race Notice Board within thirty minutes of the last boat to finish the final race of a session. Boats failing to sign off within the prescribed time may be disqualified without a hearing. This changes RRS 35, A4 and A5.

15.4 Boats retiring are requested to advise the Race Management Start boat or a Rescue boat on the water if possible, and to Sign Off as soon as possible upon returning to shore.

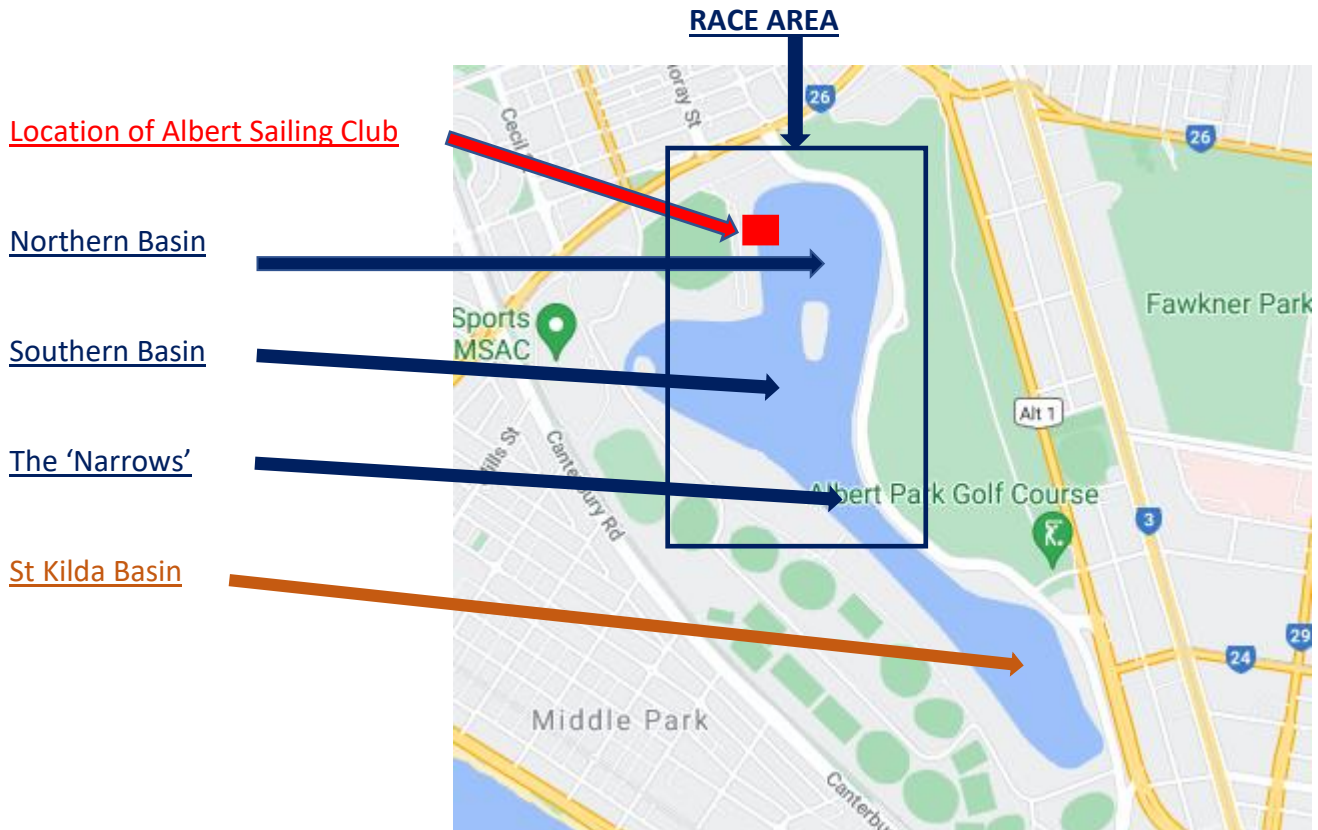
16. Disclaimer of Liability

Competitors participate in ASC racing entirely at their own risk. Attention is drawn to Fundamental Rule 4. Decision to Race "The responsibility for a boat's decision to participate in a race or to continue to race is hers alone." The Albert Sailing Club will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during or after ASC sailing events.

APPENDIX A

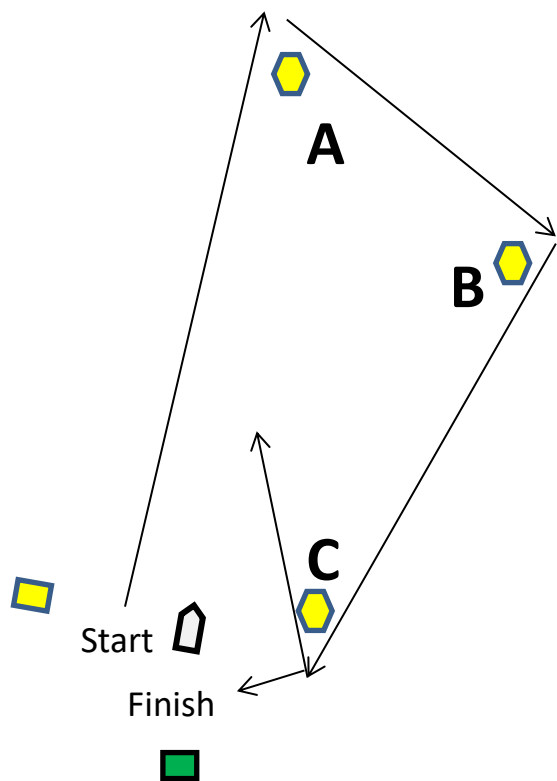
Courses will consist of short races in Albert Park Lake around a series of marks located in the Northern and Southern basins of the lake including the entrance to the 'Narrows'. No racing will take place in the St Kilda Road basin.

There may be inner and outer courses.

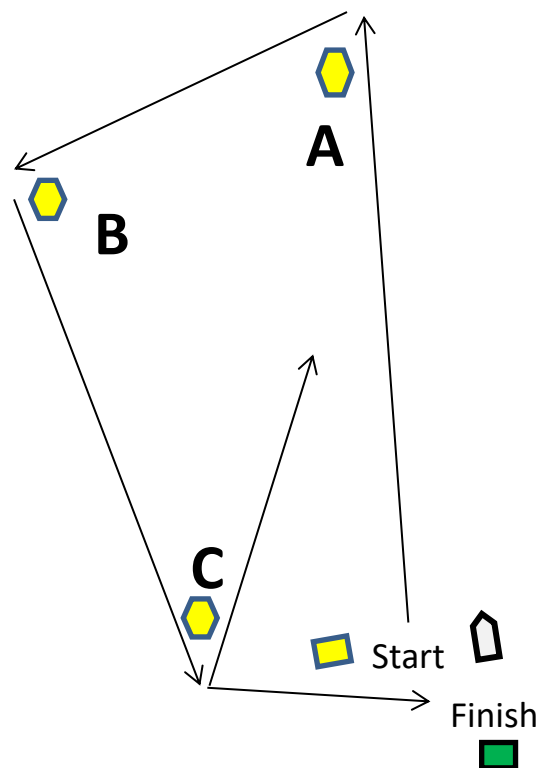


Sample Course Diagrams are set out below

Triangular – Starboard course
Common Start/Finish boat



Triangular – Port course
Common Start/Finish Boat



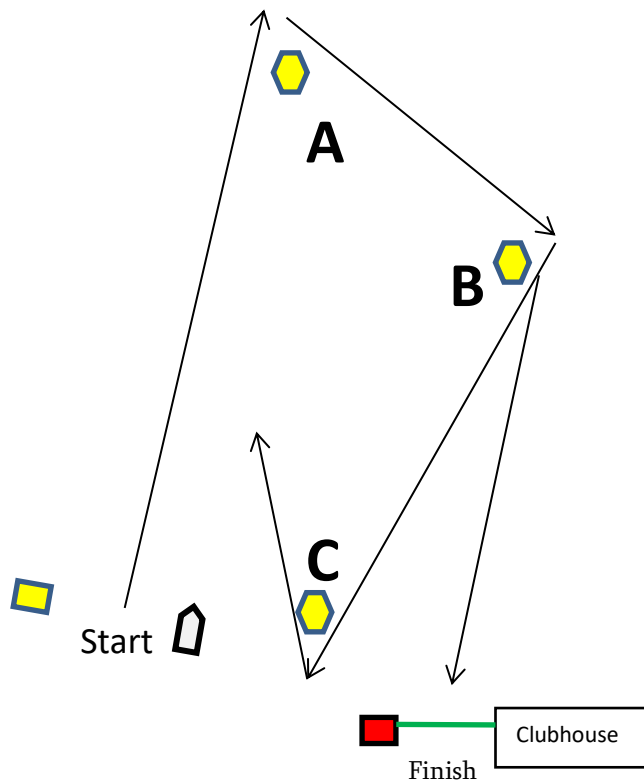
Course description: Triangular course

- 1 Lap race : Start -> ABC Finish
- 2 Lap race: Start ->ABC ABC -> Finish
- 3 Lap race: Start ->ABC ABC ABC -> Finish
- 4 Lap race: Start-> ABC ABC ABC ABC -> Finish

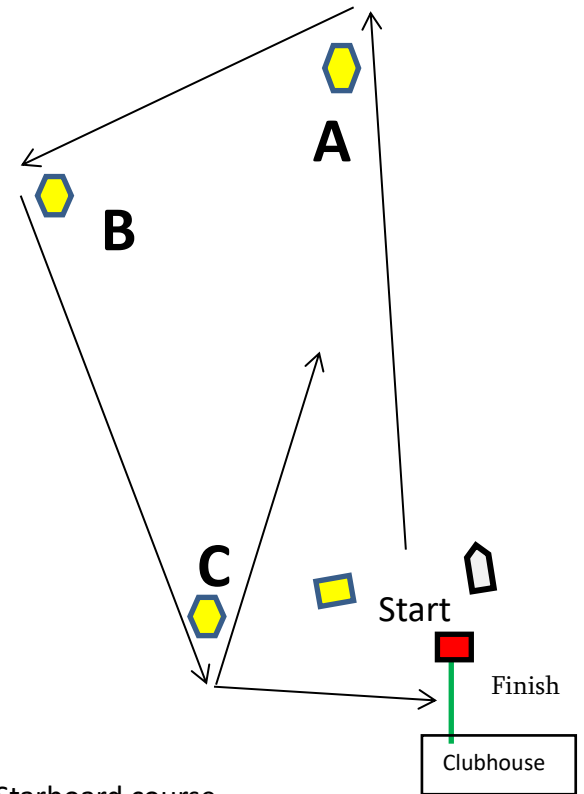
Note:

1. The specific location of the start boat and finish line is dependent on wind direction and will be specified at the briefing session.

Triangular – Starboard course
Clubhouse Finish



Triangular – Port course
Clubhouse finish



Course description: Triangular Starboard course

- 1 Lap race : Start -> AB Finish
- 2 Lap race: Start ->ABC AB -> Finish
- 3 Lap race: Start ->ABC ABC AB -> Finish
- 4 Lap race: Start-> ABC ABC ABC AB -> Finish

Course description: Triangular Port course

- 1 Lap race : Start -> ABC Finish
- 2 Lap race: Start ->ABC ABC -> Finish
- 3 Lap race: Start ->ABC ABC ABC -> Finish
- 4 Lap race: Start-> ABC ABC ABC ABC -> Finish